



**Winter Session:**  
**December 7, 2009 - February 20, 2010**

1270 Montreal Ave.  
Saint Paul, MN 55116  
(651) 699-8229  
www.circusjuventas.org



*Circus Juventas, a performing arts circus school for youth, is dedicated to inspiring  
artistry and self-confidence through a multi-cultural circus arts experience.*

Non-profit 501c(3)

## Welcome to new and returning students!

### Enclosed you will find:

- 2009-2010 Winter Registration Form
- Winter Session Information  
December 7, 2009 - February 20, 2010
  - Innovative program for ages 2 to Kindergarten
  - Youth classes for ages 6 to 21
  - Adult circus classes
  - Wings Program for youth with disabilities
- Seasonal Circus Juventas items for sale

### Registration Deadlines

Nov 11 Returning Student Deadline

Nov 14 New Student Deadline

(Students of all levels are encouraged to return registrations as soon as possible – deadlines are the last day a registration should be turned in to the front desk)



Circus Juventas  
*gala*  
2009

**Join us for the  
annual gala,  
November 7, 2009.**  
Dinner, Live and Silent  
Auction, Cash Bar, and  
Performances from  
YuLong: the Jade  
Dragon!

*2009-2010 Winter Registration Form Enclosed*

# Winter 2009-2010 Essential Information

*Welcome Families!*

Please read the following information carefully!

## Important Dates: Please Note!

### Winter Session

December 7 First Day of Winter Session  
December 7-12 Costume Measurements for May Show  
Dec 21-Jan 2 No classes mid-Winter break  
January 4 Winter Session classes resume  
February 20 Last Day of Winter Session

### 2010 Spring Session

February 22 First Day of Spring Session  
March 29-April 3 No Classes, Spring Break  
April 24 Last Day of Spring Session

### 2010 May Shows

April 26-27 May Show Technical and Dress Rehearsals  
(Yellow/Blue)  
April 28-May 2 May Shows (Yellow/Blue)  
May 4 May Show Technical and Dress Rehearsal  
(Purple)  
May 6-8 May Shows (Purple)

### 2010 Summer Session

May 10-15 Workshops  
May 17 First Day of Summer Session  
May 31 No classes, Memorial Day  
June 7-July 17 Weeklong Summer Camps 9-4pm  
June 28 Make-up Day for Memorial Day Monday classes  
June 29-July 3 No afternoon & evening classes, Summer Break  
July 10 Last Day Summer Session  
July 12-24 Summer Show First-Half/Second-Half Rehearsals  
July 26-28 Summer Show Technical and Dress Rehearsals  
July 29-August 15 Summer Shows  
All technical and dress rehearsals are mandatory.  
Check calendar posted in lobby for updates and further details.

## Wings

### A circus arts program for youth with disabilities ages 10-21 • \$195

An extracurricular outreach program for students with disabilities. Circus Juventas will continue this very successful program where students will participate in: acrobatics, static trapeze, juggling, theatre and music, bungee trapeze and low wire along with strength and conditioning. Returning students please use express registration form.

**WINGS ages 10-21 (Mondays 2:30-3:45)**

## Adult/Teen Classes

### ADULT/TEEN FLYING TRAPEZE (AFT)

Ages 12-21 \$295, 22+ \$325

Experience the thrill of training on the Flying Trapeze, the most elite of circus arts. Fundamental skills, safety and fun emphasized. Challenge yourself! For safety of flyers and coaches, students must weigh less than 175 pounds and be at least 4'10" in height. **Please note, preference will be given to youth registering on time, and then any available spaces will go to adults.** Returning students please use express registration form.

**AFT F07 ages 12-21 (Fridays 7:45-8:45) NP\***

**AFT F08 ages 22+ (Fridays 8:45-9:45) NP\***

### CIRCUS ARTS FOR ADULTS

Ages 22+ \$180

Try your hand (or foot!) on the Spanish Web, Triple Trapeze, Hoops, Juggling, Unicycles and more. Get exercise and have fun in a safe environment! Returning students please use express registration form.

**ACA ages 22+ (Thursdays 7:15) NP\***



## Toddlers and Kinders

All Toddler and Kinder classes perform in the May Show. Please review the performing class guidelines in this session guide. When determining the correct age group for your child, the class's lower age limit should be your child's age as of Sept 1, 2009. Students stay with this age group for the entire year. CJ monitors the coach to student ratio and we have planned on your child being a part of the class. Students voluntarily withdrawing from a class after the registration deadline may not receive a refund. Prior to registering, parents may bring their child to the parent viewing area to introduce the child to our facilities. Prospective students may turn in a registration form for these classes. When registering, please indicate a 1st and 2nd choice of class date and time. We will try to place new students where space is available. Please note, any students joining a Toddler class in the Winter Session may or may not be able to perform depending on the number of students returning from the Fall Session.



### \$180 - For Winter Session

**Toddlers:** A unique program exclusively for 2 to 5 year olds. Skills include: Balance, Acrobatics, Expression, Juggling and Aerial. Ages 2-Kindergarten.

TD F10 ages 2-3 Fridays 10:00 am

TD W12 ages 3-4 Wednesdays 12:00pm

TD F11 ages 3-4 Fridays 11:00 am

TD S09 ages 3-4 Saturdays 9:00 am

TD T03 ages 4-5 Tuesdays 3:00 pm

TD W01 ages 4-5 Wednesdays 1:15 pm

TD S10 ages 4-5 Saturdays 10:00 am

TD S11 ages 4-5 Saturdays 11:00 am

**Circus Kinder:** Designed for Kindergartners that have been in the toddler program and are ready for more! This performing class is a bridge between the traditional Toddler class and the youth program where students will specialize in an act. Students in Kindergarten who are new to CJ are also welcome in this class.

CK T04 ages 5-6 Tuesdays 4 pm

CK W04 ages 5-6 Wednesdays 4 pm

CK S11 ages 5-6 Saturdays 11am

CK S12 ages 5-6 Saturdays 12:15 pm

# Winter 2009-2010 Registration Information

## Circus Experience

A supportive, non-competitive environment fosters confidence and allows students to explore their capabilities in the circus arts. The class introduces beginner and intermediate acts including acrobatics, juggling, aerial, theatre and balance. This is a non-performing class.

**CE M06 ages 6-9 (Mondays 6:15)**

**CE F04 ages 6-9 (Fridays 4:00)**

**CE S12 ages 6-9 (Saturdays 12:15)**

**CE M07 ages 10-15 (Mondays 7:15)**

## New Students Who Wish to Begin in the 09-10 Winter Session:

New students to Circus who wish to begin with the 09-10 Winter Session should start with our Winter Session Circus Experience classes, which offer an overview and sampling of acts in all five genres of circus arts: acrobatics, juggling, circus theatre, aerial and balance. New students also have the option of choosing a specialized class if they have comparable past experiences in gymnastics, juggling, unicycle, or dance. Check the full 09-10 Course Curriculum online at [www.circusjuventas.org](http://www.circusjuventas.org) for course offerings and prerequisites for a Level I class. If the class is performing in the May Show, please follow costume ordering procedures. (Space is very limited in these classes, and all returning fall students will be placed before the remaining spaces are open to new students.)

## Fall Circus Experience and other Students with all Non-Performing Classes:

An express registration sheet has been made for each student who took only a non-performing fall class. Although students are encouraged to continue taking non-performing classes to build both strength and skills, every attempt will be made to offer students a performing class. Review

the classes that are listed in the "Best Bets" section. These are classes where there is likely to be space for performing in the May show. Students may select any Level I class for which they meet ALL prerequisites. A full listing of these classes can be found online at [www.circusjuventas.org](http://www.circusjuventas.org). Fill out the registration and

list the student's first choice and a second or even third choice. (Remember space is limited in these classes.) Include payment that covers the number of desired classes and costume fee. Turn in registration form as soon as possible. Registration forms are numbered as they arrive.

## BEST BETS

*Classes most likely to have openings for Fall Circus Experience and non-performing class students.*

### AERIAL

#### SIDE BY SIDE TRAPEZE (SS)

Perfect for our youngest performers! Pairs of students learn the fundamentals of trapeze work in a nurturing environment.

**PRE-REQ:** meets minimum age by Sept of current school year for level and space available.

**SS I M04 ages 6-9 (Mondays 4:00)**

**SS I M06 ages 6-9 (Mondays 6:15)**

**SS I R05 ages 6-9 (Thursdays 5:00)**

#### STAR (SR)

Continue learning basic trapeze skills introduced in Side by Side while working up higher in the air on the Star apparatus.

**PRE-REQ:** SS and space available.

**SR I S10 ages 7-9 (Saturdays 10:00)**

**NEW CLASS!**

#### FOUR LANE CRADLE (FLCR)

An aerial circus act where acrobats act either as catchers, swinging other performers back and forth on large rectangular frames, or flyers, those being swung.

**PRE-REQ:** meets minimum age by Sept of current school year, is comfortable with heights and boy/girl partnerships, can do 2-3 pull ups (boys need the ability to hold at least 60 pounds in weight)

**FLCR ages 6-12 (Fridays 6:15) NEW CLASS!**

#### TRIPLE TRAPEZE (TT)

A three-person team learning complex aerial maneuvers.

**PRE-REQ:** has accomplished all skills in MT and space available

**TT NP ages 8-11 (Thursdays 7:15) NP\***

#### AERIAL TECHNIQUES (AT)

This non-performing class is designed to teach basic trapeze skills and rope work while improving form and building strength. Class uses triple trapeze, multiple trapeze, hoops, Spanish web and silks.

**PRE-REQ:** meets minimum age by Sept of current school year for level I and space available

**AT I F06 ages 8-12 (Fridays 6:15) NP\***

**NEW CLASS!**

#### MULTIPLE TRAPEZE (MT)

Aerial synchronization is the key to success on this six-person apparatus.

**PRE-REQ:** meets minimum age by Sept of current school year (age 8 ok if 2 years SS or SR)

**MT I W07 ages 9-11 (Wednesdays 7:15)**

*limited availability*

**MT II T06 ages 12-18 (Tuesdays 6:15)**

*limited availability*

#### LOW-CASTING (LC)

A mini flying trapeze for timing, teamwork and upper body strength.

**PRE-REQ:** meets minimum age requirement by Sept of current year and space available

**Low Casting Fun ages 10-15 (Wednesdays 6:15) NP\***

*limited availability*

**Low Casting Fun ages 10-15 (Thursdays 6:15) NP\***

*very limited availability*

#### SPANISH WEB (SW)

Performances on this long, cloth-covered rope are defined by beauty. Learn hand and ankle loop-work, loop-less maneuvers, and develop strength, agility and grace.

**PRE-REQ:** meets minimum age by Sept of current school year (age 11 ok if preceding year of intermediate level aerial training)

**SW I M06 ages 12-21 (Mondays 6:15) NP\***

*very limited availability*

**SW I M08 ages 12-21 (Mondays 8:15) NP\***

*limited availability*

**SW I R04 ages 12-21 (Thursdays 4:00) NP\***

*very limited availability*

## ACROBATICS

#### VAULT-MINI TRAMP (VM)

This small trampoline leads to big heights!

Students will learn how to hit the trampoline and jump into acrobatic tricks.

**PRE-REQ:** meets minimum age by Sept of current school year

**VM I M04 ages 8-21 (Mondays 4:00)**

*very limited availability*

**VM I T06 ages 8-21 (Tuesdays 6:15)**

*very limited availability*

#### MOROCCAN ACRO-PYRAMIDS (MPYR)

Beginning level acrobatics focused on the creation of pyramids and balance.

**PRE-REQ:** meets minimum age by Sept of current school year

**MPYR ages 6-9 (Tuesdays 6:15) NEW CLASS!**

**MPYR ages 8-12 (Fridays 6:15) NEW CLASS!**

#### MARTIAL ARTS (MA)

Learn the ancient art of Kung-Fu from Sifu Kamas, coach of the YuLong cast's martial arts battles. This class is non-performing.

**PRE-REQ:** meets minimum age by Sept of current school year

**MA T05 ages 10-21 (Tuesdays 5:00) NP\***

#### TRAMPOLINE (TRP)

The emphasis in Trampoline is on safety, fitness and fundamental skills. These non-show classes offer the opportunity to learn or improve acrobatics skills.

**PRE-REQ:** meets minimum age by Sept of current school year

**TRP S10 ages 10-15 (Saturdays 10:00) NP\***

**TMBTRK ages 13-18 (Wednesdays 7:15) NP\***

## BALANCE

#### GLOBES (GL)

Perch atop over-sized balls to develop balance and foot dexterity.

**PRE-REQ:** meets minimum age by Sept of current school year for level I and space available

**GL I ages 6-12 (Thursdays 4:00)**

#### UNICYCLE (UN)

Half the wheels, but twice the fun! Develop balance and enhance fitness.

**PRE-REQ:** meets minimum age by Sept of current school year

**UN I W04 ages 6-21 (Wednesdays 4:00)**

*very limited availability*

**UN I W05 ages 6-21 (Wednesdays 5:00)**

*very limited availability*

**UN II W07 ages 6-21 (Wednesdays 7:15)**

*limited availability* **NEW CLASS!**

## JUGGLING

#### JUGGLING (JU)

Keep your eye on the balls... and the rings, clubs, torches and knives!

**PRE-REQ:** meets minimum age by Sept of current school year

**JU I ages 7-21 (Wednesdays 4:00) limited availability**

# Winter 2009-2010 Returning Performing Youth, Toddlers and Kinders Registration Information

## Returning Student Registration Procedures:

Fall is the time of year when students enter new classes. During the Winter Session, they build on the skills learned in the fall, and intensify preparations for the May show. This means there is **limited** movement between classes from the Fall to the Winter Session.

All returning performing students should use the Express Registration Form, which is enclosed with the mailed version of the Winter Session Guide. A duplicate copy of the Express Registration Form is available at the CJ front desk.

## The Express Form:

- Notifies students and parents if a class has changed times from Fall Session to Winter Session. (Most classes will continue in the same day/ time slot, with the same coach.)
- Includes payment information for suggested schedule and costume costs for performing classes.

Students that want to change to a different class, please write what class is desired, including the class code, day and time. A full class listing can be found online at [www.circusjuventas.org](http://www.circusjuventas.org). Please indicate whether they want to return to the old class if the new one is full. Students from fall that are returning to the same class have priority and are registered first.

## IMPORTANT INFORMATION FOR ALL PERFORMING STUDENTS

**May Show Students:** All students taking a performing class will perform unless a note from the student/parent is attached to the registration form indicating that the student will not be performing. In that case, the student may have to sit out the Spring Session as the rest of the class will be practicing the routine for the May Show. Notification received after January 10 will not receive a refund for costume costs. Some acts will require the removal of a student from the winter session if he/she chooses not to perform. **Students taking a class that is performing in the May Show, please make sure to read the show information on the next page.**

**Summer Show Students:** A review of each advanced level act will take place in January. This review will act as an audition to determine whether or not the act will be considered for the summer show. During the review process, all students/parents of those involved must confirm in writing their summer schedule. The act may not be chosen or students may not be eligible to take part in summer performances if they take a vacation in the summer during any week other than July 4th. Advanced students taking classes who plan to perform in the summer show need to have excellent attendance for the Winter, Spring and Summer Sessions. Students with excessive absences may end up not performing with the summer show.

## New Classes for Winter Session for Advanced Students

### Coming in Summer 2010:

#### Ladies and Gentlemen, Children of All

#### Ages: Under the Circus Juventas Big Top,

a spectacle unrivalled on sawdust, under canvas, and high above your head—a rollicking trip back in time to the golden age of muscled daredevils and high-flying divas, crusty carnies and exotic sideshows, gritty roustabouts and tumbling clowns, a wild menagerie of untamed beasts, and a demonic ringmaster who controls everything that happens within his carnival empire. Arriving before your astonished eyes in Summer 2010.



### FIGHT CHOREOGRAPHY (FC)

This class, taught by Sifu Mark Kamas (Head Instructor of Dragons Kung Fu and choreographer of last year's battle scenes in YuLong), focuses on the process and development of fight choreography in order to create scenes in next summer's production.

PRE-REQ: By invitation only.

**FC ages 14-21 (Wednesdays 7:15pm)**

### THEATRE ADVANCED (THA)

Explore theatre foundation work in preparation for 2010 production. Winter session is mandatory for summer production roles.

PRE-REQ: by application; must be involved in summer act to be eligible

**THA III ages 15-21 (Fridays 5:00)**



## New Class for all CJ Teen Girls, new and returning

### Self-Defense for Girls (SDG)

Learn how to defend yourself in every day situations that can occur! Sifu Mark Kamas, martial arts master and choreographer of the battle scenes in YuLong, will teach these important and sometimes life-saving skills. This class is non-performing.

PRE-REQ: meets minimum age requirement by Sept of current school year and space available  
**SDG ages 13-21 (Wednesdays, 8:15pm) NP\***

A new self defense method called "Hardened Target" is an active defense system based on the principle that the most effective way to defend yourself is to be practiced, determined and capable of taking the other person out to stop the threat. Starting with a basic understanding of the lawful use of force in self defense, utilizing methods proven to be effective:

### This course will teach:

- Minnesota law on use of force
- Body mechanics and power development
- Striking and kicking to effective targets
- Techniques that are effective, easy to learn, retain and perform under pressure
- Tactics from the ground position
- Improvised Short Impact Weapons
- Improvised Medium Impact Weapons

## COMING IN FEBRUARY:

## German Wheel Workshops with Wolfgang Bientzle

Wolfgang Bientzle performed on the German Wheel with Cirque du Soleil's show *Mystere* for three years in Las Vegas, and with the show *Quidam* in Amsterdam. He has appeared on *The Late Show* with Dave Letterman and on *Viva Variety*. Wolfgang has coached the German Wheel for the current German wheel world champions, and was an eight time European champion in the German wheel in the European Gymnastics Championships.

# MAY SHOW INFORMATION

## General May Show Information

- All students enrolled in performing classes are encouraged to perform.
- Send in your costume payment with your Winter registration.
- **Costume measurements will be taken during the 1st week of winter classes.** After the first week, it is the responsibility of the performer to get the measurements taken and turned in to Circus Juventas.

**Costume fees** are set at \$75 (per costume per act) this year. This payment is due with your Winter registration application. We will be measuring students beginning the week of December 7th, during the regular class times. There may be some small additional accessory costs. These items will be billed at spring registration. **CJ requires students to wear gymnastic/ ballet shoes around the Big Top and most importantly in their act practices.**

**May Show Tickets** – All families with students in May show performing classes are charged a performance fee of \$50.00. This includes four tickets and is a discount from the regular ticket prices. The May performance fee will be charged with the Spring registration process. Because we are a non-profit and the May show is attended primarily by our students' families rather than the general public, this fee is necessary to cover the preparation costs for the technical elements of the show and the set-up of our space to transform from the class setting to the performance arena.

## Parents – Get involved in the May Show

The May shows cannot happen without lots of help from parent volunteers, so whether you have a few minutes or a couple of hours, there are many ways to help. Show preparations have already started!

**Student Measurements** (1st week of Winter Session) We need adults that are willing to measure students. Quick training is provided. We like to have people sign up for this task, but last minute drop-ins are welcome. Also, we need scribes to record the measurements, no training needed.

**Costume Alteration** (March – May)  
If you are willing to share your sewing experience, please contact Rhiannon at 651-699-8229 ext. 202 email: rhiannon@circusjuventas.org. Also needed are people that can glue items onto costumes – NO sewing experience needed!

**Props** (March)  
How will the toddler and kinders arrive this year? Will it be by train, boat, or maybe even a plane? Starting in January we should know if we will need a small stage crew to build any new props. This is a wonderful chance for parents to work together while sharing their carpentry skills.

**Other Tasks** (April & May)  
As we get close to show time, check with the front desk to see if there are show preparation tasks that need to be done. Many of these tasks can be done in the building while your child is in class.

**Contact Becky Amidon, Volunteer Coordinator, for more information or to sign up for any of these exciting show preparation areas. Becky can be reached at becky@amidongraphics.com and 651-699-7616.**



## Summer Show Set Design

Be part of the development group that designs and builds the sets for next summer's show. Meetings have started and plans are under construction. If you have any questions, please call Becky Amidon at 651-699-7616

## May Show Team Information

Show Teams, and show order information will be available in March. (CJ does not know the show teams until we have the show order.)

- Students along with classmates are assigned to a performing show team. For some acts, the class is the show team, for other acts multiple classes may be combined to make a show team. In this case, extra highly recommended practices may be held.
- There are a few acts where individuals are assigned as a show team. This happens when CJ does not have enough equipment or space to safely have the entire class perform at the same time. Examples are Mexican Cloud Swing, Cloud Swing and Swinging Trapeze.
- Each show team learns a show routine. The coaches have choreographed the routine to safely show off the skills that the students have learned. In most cases where CJ offers different levels of an act, each level will learn a different routine.

Show Team	Technical & Dress Rehearsal Date	Performance Dates and Times
Yellow	Monday, April 26	Wednesday, April 28 @ 7pm Friday, April 30 @ 7pm Saturday, May 1 @ 1pm
Blue	Tuesday, April 27	Thursday, April 29 @ 7pm Saturday, May 1 @ 7pm Sunday, May 2 @ 1pm
Purple	Tuesday, May 4	Thursday, May 6 @ 7pm Friday, May 7 @ 7pm Saturday, May 8 @ 1pm

## Nicole Lahoz Arne, Assistant School Administrator

Nicole Lahoz Arne received her BA in studio art from Macalester College in 2006. Since then, she's enjoyed having her hands in all too many pies while painting, schlepping artful fare, and continuing to study toward an MA in Arts and Cultural Management at St. Mary's University of MN, which she completed in the Spring of 2009. During her time there, she developed a love for the performing arts through internships with the Southern Theater and the Walker Art Center. She's thrilled to be a new addition to the Circus Juventas troupe!



## Emily Janssen, Assistant School Administrator

Emily grew up in Upstate New York and came to Minnesota to go to St. Olaf College. She has spent most of her career advocating for homeless youth and working with youth workers. In 2005, Emily returned to New York and worked for the national oral history project StoryCorps, recording the stories of everyday people and doing community outreach to organizations across the country. Among other things, she recorded interviews on the Hopi Reservation in Arizona, the stories of Hurricane Katrina Evacuees in Houston, and survivors of 9/11 in New York. She returned to Minnesota a couple years ago to work again with homeless youth, and is now excited to be working at the circus.



# Winter Session: December 7, 2009 - February 20, 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3:00 PM Wings 2:30-3:45 Swinging Trapeze II (AA)	Flying Trapeze B 3:30-4:30 Toddlers ages 4-5	Double Cloud Swing II (3:30-5)	Flying Trapeze A 3:30-5:00	Triangle Trapeze II-III (KD, AO, MT) 3:30-4:15	<b>9 AM</b> German Wheel I-III Toddler ages 3-4
4:00 PM Acrobatics III Bungee Trapeze II-III Contortion-Hand-Bal III Hanging Perch Multiple Trapeze I ages 9-11 Side by Side I Vault-Mini-Tramp I Wheel of Steel	Flying Trapeze B 3:30-4:30 Straps II B/G & Straps III 4:30-6:15pm Bicycle II-III Core Silks NP* Kinder ages 5-6 Side by Side II Trampoline I ages 6-9 NP*	Double Cloud Swing II (3:30-5) 3 Man Hand Balance Acrobatics II ages 6-9 Hoops I-III Juggling I Kinder ages 5-6 Low Casting I-III Pas De Deux (4:30) Triple Trapeze I-II ages 9-18 Unicycle I	Flying Trapeze A (Team) 3:30-5:00 2 Person Hand-Balance Acrobatics I ages 6-9 Core Hoops NP* Dance II Lyrical Gloves I Side by Side II Spanish Web I NP*	Triangle Trapeze II-III (KD, AO, MT) 3:30-4:15 Triangle Trapeze I (CR,OR,JD) 4:15-5 Adagio I Circus Experience ages 6-9 Clowning III Jump Rope I NP* ages 7-12 Swinging Trapeze I (SH 4-4:30, AO 4:30-5) Triple Trap I-III	<b>10:00 AM</b> German Wheel II Star NEW CLASS! Toddler ages 4-5 Trampoline ages 10-15 NP*
5:00 PM 3 Man Hand Balance Acrobatics I ages 10-15 Adagio III Aerial Technique I Boys Trapeze Development ages 10-12 Lyra (Hoops III) Multiple Trapeze ages 9-11 Swinging Trapeze II (DR, GW) Team - Dance	Straps II B/G & Straps III 4:30-6:15pm Pre-Team III 5:00-7:15 (Acro-Balance) Acrobatics I ages 6-9 Core Spanish Web NP* Handstands & Flexibility I Korean Cradle Martial Arts age 10-21 NP* Triple Trapeze I ages 8-13	Adagio I Bungee Trapeze I NP* Dance I Juggling I-III Low Casting III Unicycle I Silks II-III Pas De Deux Triple Trapeze III	Team Teeterboard III 5:00-6:15 Dance III Jazz Gloves I-III Hoops II-III Pre-Team for Boys (Jump Rope II) Side by Side I Silks I Shoot-Thru Ladder I & II Trampoline I ages 6-9 NP*	Acrobatics II ages 10-15 Double Swinging Trapeze I (KC/AV) Double Trapeze I Low Casting II Low Wire I-III Mexican Cloud Swing I Theatre Advanced NEW CLASS! Triple Trapeze II-III ages 10-15 Vault Mini-Tramp III	<b>11 AM</b> German Wheel I Kinder ages 5-6 Star Toddler ages 4-5
6:00 - 6:15 PM	<b>Coach Meeting Break 6:00 - 6:15 (15 minute break)</b>				
6:15 PM	Circus Experience ages 6-9 Side by Side I Spanish Web I NP* Team - Jump Rope/ Charivari Tumbling Team - High Wire III Triple Trap I ages 10-21 Vault-Mini-Tramp I-III	Pre-Team III 5:00-7:15 (Tumbling) Hammock I (KD/AO) Hammock I (LU/OR) Low Wire I Moroccan Pyramids ages 6-9 NEW CLASS! Multiple Trap II ages 12-18 Spanish Web I NP* Vault Mini-Tramp I Wall Trampoline	Boys Trapeze Dev ages 13-21 Bungee Trapeze II Clowning I Contortion I Dance III+ A Lyrical Juggling II-III Low Casting Fun NP* Silks III Team - High Wire III Triple Trapeze II ages 9-15 Trampoline ages 8-12 NP*	Dance III+ B Lyrical Gloves II Hoops II Low Casting Fun NP* Russian Bar I Side by Side II Teeterboard II Unicycle I-III	Russian Swing (6:00-7:00) Aerial Techniques ages 8-12 NEW CLASS! Contortion-Hand-Bal III Four Lane ages 6-12 NEW CLASS! Moroccan Pyramids ages 8-12 NEW CLASS! Spanish Web III Trampoline II/Wall NP* ages 9-15
7:15 PM	5 Girl Hand-Balance Circus Experience ages 10-15 Clowning II/Unicycle Low Casting I Mongolian Tumbling Multiple Trap ages 10-15 Spanish Web II Russian Bar II Triangle Trapeze II (AW, GW, EH)	Aerial Technique I-III Bungee Trapeze III Low Wire II Russian Swing Silks II Straps I Development NP* ages 12-21 Vault Mini-Tramp II	Master Intensive- (Teeterboard) 7:15-9:15 Boys Bungee NP* ages 10-15 Dance III+ B Lyrical Juggling III Fight Choreography NEW CLASS! Multiple Trapeze I ages 9-11 Silks I Tumble Track for Teens NP* Unicycle II	Adult Circus Arts Bungee Trapeze I-III Spanish Web I-III Team - Jump Rope/ Charivari Tumbling Triple Trap Non-Performing Unicycle II-III	Flying Trapeze B (7:00-7:45) Bike III Chairs stacking/HAS III Double Trapeze II Adult/Teen Flying Trapeze 7:45-8:45
8:15 PM	2 Person Hand-Balance Boy/Girl Straps II Conditioning Contortion III Flying Trapeze A (Team) Hoops I NP* Spanish Web I NP* Unicycle III	Adagio III Core Acrobatics NP* ages 12-21 Hammock III (HS & GW) Hammock III (MK & MT) Spanish Web II-III Straps III Conditioning Triple Trapeze II ages 12-21	Master Intensive- (Aerial) 7:15 - 9:15 Flying Trapeze A Handstands & Flexibility II Juggling II Self-defense for Girls ages 13-21 NEW CLASS! Team- Teeterboard III	Bungee Trapeze III+ Contortion I Mexican Cloud Swing II Mid Wire II Team-Tumbling Triple Trapeze II-III ages 13-21 Wheel of Steel	Adult/Teen Flying Trapeze 7:45-8:45 Adult/Teen Flying Trapeze 8:45-9:45

**1:15 PM**  
Acrobatics I A ages 6-9  
Acrobatics I B ages 6-9  
Aerial Technique I  
Contortion II  
Side by Side I  
Triangle I (AW, TB, KC)

NP\* = Non-performing class

**WEEKDAY CLASSES**

**Wednesdays**

Toddlers ages 3-4 12  
Toddlers ages 4-5 1:15

**Fridays**

Toddlers ages 2-3 10  
Toddlers ages 3-4 11



See website  
[www.circusjuventas.org](http://www.circusjuventas.org)  
for updates

# Circus Juventas Holiday Order

Drop your order off at the front desk, or fax to 651-699-4395.  
Orders must be received by November 18th to insure delivery before Christmas.

Parent's Name: \_\_\_\_\_

Student's Name (if last name different from Parent's): \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

- **Black Pull-Over Hoodie or Full Zip Sweatshirt \$65 each:** full color embroidered Circus logo on back. Personalization on left chest available (\$5.00 for one word, \$10.00 for two words).
- **Black Fitted Zipper Track Jacket \$65 each:** white embroidered Circus Logo on back. Personalization on left chest available (\$5.00 for one word, \$10.00 for two words). Adult sizes only.
- **Fleece Vest \$35 each:** Fleece vest with zippered pockets, embroidered white Circus logo on back. Comes in change to black, forest green, navy, or purple. Personalization on left chest available (\$5.00 for one word, \$10.00 for two words).
- **Bella Black Flair Leg Open Bottom Girls Pants \$35 a pair:** Pre-Shrunk 100% cotton. Silk screened black and white Circus Juventas logo on the right hip and CIRCUS down the left leg. Adult and Youth sizes for girls.
- **Long-Sleeved Black T-Shirt \$20:** The old favorite, but with long sleeves! Silk screened white Circus logo on front.

SIZES	Pull-Over Hoodie \$65 each	Full Zip Sweatshirt \$65 each	Track Jacket \$65 each	Fleece Vest \$35 each				Long Sleeved T-shirt \$20 each	Pants \$35/pair	Total
				Black	Green	Navy	Purple			
Youth Small (6/8)			Not Available							
Youth Med. (10/12)			Not Available							
Youth Large (14/16)			Not Available							
Adult Small										
Adult Medium										
Adult Large										
Adult XL										
Adult XXL										
									Sweatshirt total: \$	

Personalization: \_\_\_\_\_

Please print clearly. Also please mark the item above for personalization. Add \$5.00 to your order per word, per sweatshirt.

Personalization: \_\_\_\_\_

Please print clearly. Also please mark the item above for personalization. Add \$5.00 to your order per name, per sweatshirt.

- **Tote Bag \$15 each:** Tote bag with extra pockets and web handles. 14"w x 12"h x 6.5"d. White Circus logo on side, comes in black or purple.
- **Black Beanie Cap \$15 each:** One size fits most. White Circus logo on front.
- **Black Duffel Bag \$25 each:** Duffel bag with extra pockets. 20.75"w x 10.75"h x 9.5"d. White Circus logo on side.

Tote Bag \$15 each		Beanie Cap \$15 each	Duffel Bag \$25 each	Total
Black	Purple			

- **YuLong Photo Book:** Hard bound coffee table book with gorgeous color photos taken by CJ photographers printed on high quality glossy paper. This lovely book illustrates the chronology of the show and includes a story narrative. A once in a lifetime item that is not to be missed!

YuLong Photo Book \$50 each	_____ @ \$50 each
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- **May Show 2009 Photo CD:** CD with photos for each act and show color! Be sure to list the show team color your student(s) was in, the specific act he/she performed with, and how many copies of the CD you want. Having trouble remembering the specific act name? Come see us at the front desk so we can make sure we get the right CD of photos for you! Each CD is \$10.00.

Show Color (Yellow, Blue, or Purple)	Act Name (i.e. Side by Side, Vault Mini, etc)	# of CDs	Total

**Payment Must Accompany Order!**

**Order Total: \$** \_\_\_\_\_

Payment Method:      Check#: \_\_\_\_\_      Credit Card (circle one):    VISA    Master Card

Credit Card Number: \_\_\_\_\_      Exp: \_\_\_\_\_      *Please call 651-699-8229 with any questions or concerns.*

# Winter Session Registration Form December 7, 2009 - February 20, 2010

Returning Students - Please use express registration form.

### Registration Deadlines:

- 11/11/09: Returning Student deadline  
 11/14/09: New and returning students (no priority)

Students of all levels are encouraged to return registrations as soon as possible - deadlines are the last day a registration should be turned in to the front desk. Please confirm class eligibility prior to registering. New students or students changing class or class level cannot be placed until after the returning student deadline. Confirmations will be sent after registration has been processed.

### General Class Fees\*

- 1 class..... \$180
- 2 classes..... \$340
- 3 classes..... \$485
- 4 classes..... \$615
- 5 classes..... \$720
- 6 classes..... \$795
- 7 classes..... \$875

\*Multiple class discounts apply per student, not per family

### Fixed Fee Classes

- Bungee Trapeze..... \$225
- Flying Trapeze Adult..... \$325
- Flying Trapeze Teen..... \$295
- Flying Trapeze Team A..... \$350
- Flying Trapeze Team B..... \$300
- Master Intensive..... \$250
- Pre-Team III..... \$250
- Team..... \$350
- Wings..... \$195

### Policies and Procedures

**Tuition:** Registration must be accompanied by full payment or registration will not be processed and class placement will be lost.

\*\*\*Returning families who wish to arrange payment for Fall, Winter, and Spring sessions with one payment with the first session, or recurring automatic payments with the Winter and Spring sessions. (This option is for students who do not change classes during the course of the year. If the student changes a class from one session to the next, a formal registration must be submitted with all other students within the time frame of the registration process and the automatic payment option will not be used.)

**Placement:** Students returning to an open class/act have priority through date specified at top of this page by Returning Student Priority date. After this deadline, applications for open classes are handled on a first come, first served basis. Limited space available in some classes and acts. To ensure placement, we recommend that you list and rank secondary class choices on the registration form.

NOTE: Payment, however, should reflect only the actual number of classes each student is prepared for and qualified to take. Overages will be refunded only if there is no space available or student has not met prerequisites.

**Annual Registration Fee:** \$25 per student per year. This non-refundable annual fee must be added to each student's registration unless paid in the last 12 months.

**Class Length:** 55 minutes unless noted.

**Class Makeups:** Offered only when classes are rescheduled by Circus Juventas. No makeup for classes missed due to student illness, vacation or inclement weather.

**Cancellations/Withdrawals:** Circus Juventas reserves the right to cancel a class due to insufficient enrollment. In that case, the student would receive a full refund. Students voluntarily withdrawing from a class after the registration deadline may NOT receive a refund.

**Health, Liability and Safety Info:** Forms are available for new students at the lobby desk and must be completed prior to the first class or student will not be allowed to participate. Health forms must be updated annually and it is the responsibility of returning students to keep health forms current! **All students must have current health insurance - anyone found without coverage will be removed from classes until proof of insurance is presented to the front desk.**

Please mail registration form along with payment to:

**Circus Juventas**  
 1270 Montreal Avenue  
 St. Paul, MN 55116  
 Phone: (651) 699-8229  
 Fax: (651) 699-4395

Website: www.circusjuventas.org  
 E-mail: info@circusjuventas.org

Parent/Guardian \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-mail\* \_\_\_\_\_

**\*Contact information provided should include a phone number where messages can be left. Any class questions will be communicated via that phone number, and registrant will have 24 hours to return these calls before CJ staff will move on to the next registrant. All confirmations will be sent via email. Please print your email carefully!**

Parent/Guardian listed will be responsible for all billing and receiving information distributed by CJ.

**STUDENT #1** \_\_\_\_\_ Date of birth \_\_\_\_\_

School \_\_\_\_\_ Fall '09 Grade \_\_\_\_\_ Gender M  F

Returning student:  from Fall 09 classes  from a previous session

If space is available and you are willing to move to the next level, check the box marked Next Level. Put the name of the current class on the line, not the next level.

CLASS NAME, DAY & TIME	CLASS CODE	NEXT LEVEL	FEE
1 _____	_____	<input type="checkbox"/>	_____
2 _____	_____	<input type="checkbox"/>	_____
3 _____	_____	<input type="checkbox"/>	_____
4 _____	_____	<input type="checkbox"/>	_____
5 _____	_____	<input type="checkbox"/>	_____
Please place me on the waiting list for the following act/s (max. two per student):			
6 _____	_____	<input type="checkbox"/>	_____
7 _____	_____	<input type="checkbox"/>	_____

### Sub-total

\$75 per costume x \_\_\_\_\_ (number of acts performing in May Show)

+ Annual \$25 registration and/or late fees

Total for Student #1 \_\_\_\_\_

**STUDENT #2** \_\_\_\_\_ Date of birth \_\_\_\_\_

School \_\_\_\_\_ Fall '09 Grade \_\_\_\_\_ Gender M  F

Returning student:  from Fall 09 classes  from a previous session

If space is available and you are willing to move to the next level, check the box marked Next Level. Put the name of the current class on the line, not the next level.

CLASS NAME, DAY & TIME	CLASS CODE	NEXT LEVEL	FEE
1 _____	_____	<input type="checkbox"/>	_____
2 _____	_____	<input type="checkbox"/>	_____
3 _____	_____	<input type="checkbox"/>	_____
4 _____	_____	<input type="checkbox"/>	_____
5 _____	_____	<input type="checkbox"/>	_____
Please place me on the waiting list for the following act/s (max. two per student):			
6 _____	_____	<input type="checkbox"/>	_____
7 _____	_____	<input type="checkbox"/>	_____

### Sub-total

\$75 per costume x \_\_\_\_\_ (number of acts performing in May Show)

+ Annual \$25 registration and/or late fees

Total for Student #2 \_\_\_\_\_

(Checks payable to Circus Juventas) **TOTAL ENCLOSED**

Does student(s) have current health insurance? \_\_\_ Yes \_\_\_ No

Does either student have any current medical conditions that warrant special treatment or precautions during circus training? \_\_\_ No \_\_\_ Yes. If yes, please describe:

Payment Method:  Check - Check # \_\_\_\_\_  Cash  Credit Card

Visa  Master Card Payment Amount \$ \_\_\_\_\_

Credit Card Account # \_\_\_\_\_ Expiration Date: \_\_\_\_\_

THIS SECTION FOR OFFICE USE ONLY.

REGISTRATION NO. \_\_\_\_\_